DVV Clarifications Metrics Level Deviations

3.6.4

Average percentage of students participating in extension activities listed at 3.6.3 above during the last five years

3.6.4.1. Total number of students participating in extension activities listed at 3.6.3 above year-wise during the last five years.

HEI Input:

2020-21	2019-20	2018-19	2017-18	2016-17
2105	1049	3075	2745	1655

Provide Detailed report for Bhalo Theko Kolkata Heritage Students' Covid Relief Force Light of Learning - bridging the gap created by educational disparities between various socioeconomic groups Cloth Donation Drive Online Plastic Awareness Webinar Alida Village Visit Old Age Home Visit Roshni (Online Diwali Celebration) Animal Shelter Visit Let's be Aware webinar spreading on necessities and precautions of blood donation crisis of Covid-19 pandemic Awareness of Corona virus WAR (Wildlife Awareness Rally) Tapas (Motivational Webinar) with specific mention of number of students participated and collaborating agency signed by competent authority for the year 2016-17, 2017-18, 2018-19 and 2019-20, 2020-21.

Supporting Documents:

Detailed report for

- i) Bhalo Theko Kolkata
- ii) Heritage Students' Covid Relief Force
- iii) Light of Learning bridging the gap created by educational disparities between various socioeconomic groups
- iv) Cloth Donation Drive
- v) Online Plastic Awareness Webinar
- vi) Alida Village Visit
- vii) Old Age Home Visit
- viii) Roshni (Online Diwali Celebration)
- ix) Animal Shelter Visit

- x) Let's be Aware webinar spreading on necessities and precautions of blood donation crisis of Covid-19 pandemic
- xi) Awareness of Corona virus
- xii) WAR (Wildlife Awareness Rally)
- xiii) Tapas (Motivational Webinar)

Name of the Activity: **Bhalo Theko Kolkata**

Date: **16th July, 2020**

No. of Students: 42

Description: Students' Council of Heritage Institute of Technology came up with a new awareness music video "Bhalo Theko Kolkata" to urge the citizens to stay home and fight the pandemic. Staying Home, isn't staying far. Because far - is the new together.









Name of the Activity: Heritage Students' Covid Relief Force

Date: formed on 5th May, 2021

No. of Students: 215

Description: When the covid-19 pandemic's second wave started it was increasing at an alarming rate. Thus, the students of HITK planned to help the people of West Bengal in this grave situation. A meeting was held in the online platform _ Google meet by the Senior most batch students of HIT, K and later a discussion took place with the 3rd Year students regarding the setup of the "HERITAGE STUDENTS' COVID RELIEF FORCE" to help various people. So, we came up with a few ideas. Firstly, we created a Call and Verification Team. Secondly a registration team was created, the members of which will help people to register themselves for the vaccination. Thirdly we planned on setting up an on-field team in various parts of the state who will provide sanitary kits, and necessary things like raw vegetables, fruits to the covid affected families in their own neighbourhood. Fourthly we also planned on delivering cooked foods to covid affected families. The graphics and design team controlled all the posters and online handling of the page.

To put this in action we needed a huge volunteer ship from all the college students. Honestly, we were lucky to find that a lot of students from all four years came forward to help us in this noble cause. The first part of our ideas was put into action. The call and verification team were made. It consisted of 51 participants from all the four years. We made an excel sheet containing the contacts of various oxygen suppliers, RT PCR test centres, blood plasma collection centres, and hospital phone numbers. 10 people were assigned who would keep a check on the availability of beds and oxygen if required from the required supplier and hospitals every 1 hour and accordingly the excel sheet was updated. The graphics and design team who were handling the social media pages were giving the requirements to the call and verification team and subsequently the team provided the necessary details to the graphics and social media handling team. Another Team was made which collected data and requirements from other sources and forwarded it to the call and verification team. This second team consisted of 105 members who worked tirelessly and collected data for various requirements across the state.

Then we made the Registration team who will help the people to get registered for their vaccination. The team consisted of four people. Through this team a lot of people contacted to get themselves registered in the cowin application. We registered around 30 people for their vaccination in the Cowin App.

The major problem we faced was setting up the on-field team. But again, showing our strong will power to help the people we did start helping people with cooked foods and masks and other basic needs. A team was set up in Burdwan by the help of one of our first-year students namely SK. rumman who along with his team used to deliver foods to the covid affected families. A couple of second year students namely Bhumika Tewary and Soutri Banerjee along with the help of their parents started to deliver food to the covid families and the poor people living along the roadside who recently have no work due to lockdown. In the last couple of weeks another student from Biotechnology first year namely Someeta Saha has provided cooked foods to the people living around the Shobha bazar, bagbazar ghat region. In the recent period our team is working to provide people with vaccine centre locations, where they are set up and how to reach there.

The entire working committee consisted of 215 people from the college who worked from 8 am in the morning to 2am the next day to provide services to the people. We would like to thank our college authorities who gave us the chance to perform this noble task. We would also like to mention about our amazing first year's students who although have not attended offline lectures but have coordinated very well with us to do our job.

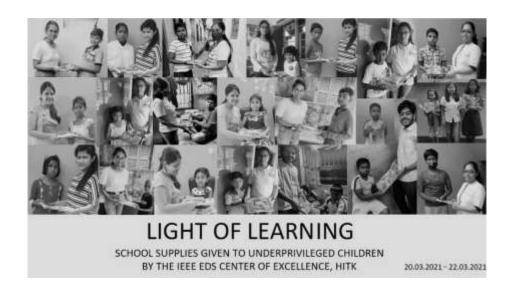
Name of the Activity: Light of Learning - bridging the gap created by educational disparities between various socioeconomic groups

Date: **20**th to **22**nd March, **2021**

No. of Students: 16

Description: 'Education for Empowerment' is the motto that drives us at the IEEE EDS Centre of Excellence, HITK. We believe that education for all will lead to overall advancement of the global community. In order to bridge the gap created by educational disparities between various socioeconomic groups, our volunteers organized an activity 'Light of Learning' during 20-22 March, 2021.

Our volunteers reached out to 23 school going, underprivileged children, aged between 6 and 14 years. The children were given school supplies and books. Due to the pandemic, our student volunteers who are confined to their localities conducted the activity in their neighbourhood which spanned across the state of West Bengal in areas like Purulia, Bally, Chandan Nagar and Kolkata.



Name of the Activity: Cloth Donation Drive

clothes and shiver due its inadequacy.

Date: 5th to 31st January, 2021

No. of Students: 25

Description: As the chilling winter strikes during this pandemic hit world, the underprivileged become more vulnerable. In a situation where even the basic accommodations like food and shelter are unavailable and the number of people affected by the new strain of coronavirus starts to increase, cases of eviction leading to destitution. People could not afford to buy warm garments and

As a result, we at NSS-HIT(K) decided to provide vital assistance where we could, by extending the privilege that we were lucky to have, to the ones who really needed it. Due to the lockdown restrictions, we could not meet up as usual with all the clothes. Instead, we made sure that each of our volunteers would collect as many winter garments as possible from their families, and distribute them among the underprivileged communities in their locality. The Cloth Donation Drive was a huge success and the response we obtained was quite affirmative. It was a beautiful experience to spread warmth, happiness and smiles among the ones who really needed it amidst the prevalent global crisis.

Name of the Activity: Online Plastic Awareness Webinar

Date: 28th November, 2020

No. of Students: 30

Description: NSS-HITK has dedicated itself in spreading awareness towards Plastic Pollution with our very own, Plastic Awareness Week. The events organized were Plastic Cleanup Drive from 19th to 23rd November, Online Plastic awareness Survey from 10th to 22nd November. And we concluded this week with an informative webinar session for everyone.

Pledge - 'Less Plastic' is the final instalment of NSS HITK's Plastic Awareness Week. In this session we discussed, talked and exchanged ideas about the consequences of Plastic Pollution & how can we improve ourselves to contribute in saving the environment in the long run.















Name of the Activity: Alida Village Visit

Date: 13th March, 2020

No. of Students: 8

Description: 8 members of NSS-HITK in collaboration with YI YUVA, visited the Alida Bagnar High School. The NSS members conducted a survey around the school keeping in mind the possible changes we as NSS members can make in order to improve the life of the students at the high school. Then we had brief session with the primary school head mistress discussing about the various ways in which we as NSS can help the school. Then a small session was conducted by the members in the school with the ladies of the village informing about the ill effects of plastics and teaching them how to make paper bags and to use these paper bags instead of using plastics.













Name of the Activity: Old Age Home Visit

Date: 18th January, 2020

No. of Students: 7

Description: "Getting old is like climbing a mountain; you get a little out of breath, but the view is much better!". Seven members of NSS-HITK visited the old age home Alor Disha. There the volunteers had a cordial talk with the aged people of the home, enquiring about their health, living condition. It was quite a learning experience for the volunteers of the NSS.





Name of the Activity: Roshni

Date: 4th November to 12th November, 2020

No. of Students: 10

Description: Diwali is celebrated with a lot of joy and passion across the country. However, the celebrations this year have taken a hit due to the Covid-19 Pandemic. So, we at NSS-HITK came forward, with a whole hearted approach to light a lamp of love and to bring new smiles like the colours of rangoli on everyone's faces at The Alor Disha Old Age Home. We pray that this divine festival, colour the pages of all their lives with peace, joy and happiness.

NSS-HIT(K) organised the event Roshni, a platform to show off innovative ideas with lights and colours.



Name of the Activity: Animal Shelter Visit

Date: 28th November, 2021

No. of Students: 10

TIME HIAM ONWARDS

Description: Rotaract Club of Heritage Institute of Technology organized 'Happy Tails', a visit to the animal shelter and hospital- Ashari, to spend a day with our pawed friends. Upon reaching the destination, the members were divided into groups and were briefed about the various activities for the day such as cleaning the cages, rooms, food bowls, refill water at the cat and dog shelters under professional supervision. The experts talked about how to take care of cats and explained the process of giving saline to dogs. One of the groups was taken to the trauma ward where they learned about cases of animal abuse. The doctor shed some light on treatment procedures and explained about other infections and maggots. Under professional guidance, Rotaractors helped to clean the wounds of the injured and applied medications onto them. Lastly, our team stopped by the stable to pay a visit to the cows and buffaloes.



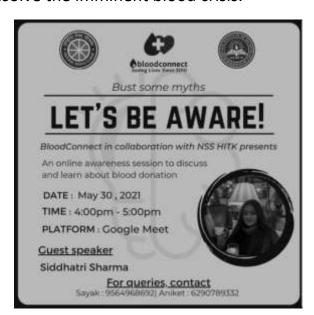
Name of the Activity: Let's be Aware - webinar spreading awareness on necessities and precautions of blood donation crisis of Covid-19 pandemic

Date: 30th May, 2021

No. of Students: 60

Description: Ever since the world was hit by the COVID-19 Pandemic resulting in nation wide lock downs and quarantines coupled with stringent social distancing norms and protocols, blood banks across nation have faced massive blood shortage. With the looming COVID-19 virus, more and more people are afraid of donating blood as the air is filled with fake theories and myths, resulting in a breakdown in the healthcare system.

Thus, to break the chains of myths and lies, NSS-HIT(K) in collaboration with BloodConnect Foundation, organized "Let's Be Aware", an awareness program with guest speaker Siddhatri Sharma. The session proved to be an eye opener for all our audience as they learned about the importance of blood donation and how they can safely donate during the chaotic era of pandemic and contribute to resolve the imminent blood crisis.

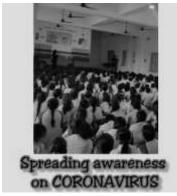


Name of the Activity: Awareness of Corona virus

Date: 11th March, 2020

No. of Students: 6

Description: The Volunteers of NSS-HITK visited the Chowbaga High School on 11th March, Wednesday to conduct a program on spreading awareness on Corona Virus. Volunteers gave a talk to share epidemiological insights into the evolving COVID-19 outbreak, assess knowledge gapes, and appraise the impact of interventions in China, with a view to prepare the rest of the world for potential further spread. After the presentation on corona virus, Volunteers had organised a quiz competition based on the presentation. They observed that students of Chowbaga High school are very confident and sharp minded.













Name of the Activity: WAR (Wildlife Awareness Rally)

Date: 9th February, 2020

No. of Students: 80

Description: The prime objective of the event was to generate awareness regarding nature and wildlife among the students of schools, colleges and universities. Rotaract Club of Heritage Institute of Technology and NSS-HITK participated in Wildlife Awareness Rally. The event started with a rally at 11:00 am from Ashutosh Cinema Hall with all the participants chanting slogans out loud, attracting the public to pay attention. The participants showed enthusiasm by depicting their support for wildlife conservation through numerous posters and wearing masks of endangered animals. The Rally ended around 12 noon at Priya Cinema Hall. This was followed up by three competitions — nature quest (MCQ based contest), poster competition and essay competition. The WAR 2020 was a wonderful experience for all the participants and we are thankful to have been a part of it.









Name of the Activity: Tapas (Motivational Webinar)

Date: 28th December, 2020

No. of Students: 55

Description: "Stress - It is everyone's inferno, bedevilling our minds, igniting our nights, upending our equilibrium" - Stress: Portrait of a Killer. Biologically, it is the human body's answer to any possible pressure triggering the flight-or-fight response. Stress can motivate us, make us work hard. However, it turns counterproductive if one feels overwhelmed. It can lead to anxiety disorders, depression, along with triggering heart attacks and arrhythmia. Moreover, the present situation has not been conducive for maintaining proper mental health. The pandemic along with its trials and tribulations has brought economic uncertainty, lack of routine, and decreased social interaction. In light of the current situation, it has become necessary to get acquainted with stresshandling techniques. NSS-HIT(K) organized the mental health initiative **Tapas** to assist the members in their struggles pertaining to preserving mental health. The event included a webinar on Stress Management by Dr. Kanchan Gaba. In these testing times, her advice was a breath of fresh air. Her inspirational anecdotes and motivating words spurred on our volunteers. Dr. Kanchan Gaba talked about various techniques to handle stress and adversity in life. The positivity she radiated got the better of our volunteers, convincing them that nothing is impossible once we set our minds to it.